



Youth & Young Adult Substance Use Services Directory



This directory lists programs licensed and/or funded by the Massachusetts Department of Public Health.

For free and confidential help finding the right youth residential substance use treatment program or other services addressing youth substance use call:

Youth Central Intake Care Coordination (YCICC)

Toll-free: 1-866-705-2807 | 617-661-3991

TTY: 617-661-9051 | www.healthrecovery.org

For free and confidential help finding services for people of all ages contact:

Massachusetts Substance Abuse Information and Education Helpline

Toll-free: 1-800-327-5050

TTY: Use MassRelay at 711 or 1-800-439-2370

www.helpline-online.com

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Massachusetts Department of Public Health — Bureau of Substance Abuse Services

The Massachusetts Department of Public Health (MDPH) - Bureau of Substance Abuse Services (BSAS) oversees substance use and gambling-related prevention, intervention, treatment, and recovery support services in the Commonwealth. Responsibilities include:

- licensing programs and counselors
- funding and monitoring programs
- developing policies
- training and workforce development
- tracking substance use trends in the state

Bureau of Substance Abuse Services

250 Washington Street, 3rd Floor

Boston, MA 02108

Phone: 1-617-624-5111 | TTY: 1-888-448-8321

Fax: 1-617-624-5185

www.mass.gov/dph/bsas

Office of Youth and Young Adult Services (OYYAS)

The OYYAS designs, develops, and oversees substance use-related services for youth, young adults, and their families. Responsibilities include:

- building and supporting a full continuum of effective, accessible, and affordable substance use-related services for youth and their families
- promoting youth-focused, evidence-based practices to treat substance use
- developing and supporting a service system that includes family members/caregivers
- working with other state agencies to serve youth with substance use problems across systems

OYYAS Staff

Director | 1-617-624-5381

Assistant Director | 1-617-624-5107

Administrative Specialist | 1-617-624-5339

Young Adult System Specialist | 1-617- 624-5330

Youth System Coordinator | 1-617- 624-5337

www.mass.gov/dph/youthtreatment

Finding the Right Treatment for Adolescents

Below are some questions to consider when selecting a service or treatment program:

How are services paid for? Some, but not all, services are covered by insurance. If your insurance does not cover the services offered by a program funded by the Department of Public Health (MDPH), many programs will:

- make an assessment whether an individual or family can help pay for any portion of the services
- work on a payment plan or a sliding scale fee if appropriate
- try to access other forms of payment, like state funding that covers substance use treatment services

Is the program licensed and does it have licensed staff trained in addiction treatment? All substance use treatment programs in the Commonwealth are required by regulation to be licensed by the Bureau of Substance Abuse Services (BSAS). Many treatment providers employ staff that have specific substance use-related credentials, like Certified Alcohol and Drug Counselors (CADAC) and Licensed Alcohol and Drug Counselors (LADC), or have other masters level clinicians, like social workers and mental health counselors, as staff members.

Does the program offer a full range of services that support the recovery process? A program should be able to offer or connect individuals and families to a variety of services supporting recovery, from substance use and mental health problems to addressing other areas of life like housing, physical health, employment, and education.

Are services offered to support family members?

Many programs offer family education and support services. At a minimum, all programs should be able to refer families to resources and support groups in the community that offer help. Since youth and young adults with families involved in their treatment tend to have better outcomes, programs should involve families and caregivers as much as possible.

Is aftercare support and referral encouraged and provided? Programs should be able to refer and link individuals and families to a variety of professional and recovery supports upon discharge.

Outpatient Providers Serving Adolescents

The Massachusetts Department of Public Health (MDPH) - Bureau of Substance Abuse Services (BSAS) supports and licenses community-based outpatient programs. These programs provide assessment and counseling services for young people with a substance use problem and their families. Below is a list of outpatient providers who work with young people under the age of 18.

Call the licensed outpatient programs listed below directly to make referrals or to find out about services.

Boston Region

Adcare Hospital

14 Beacon Street, Suite 801 Boston, MA 02108
1-617-227-2622

Aftercare Services, Inc.

2 Lexington Street, Suite 1 Boston, MA 02128
1-617-569-4561

Arbour Counseling Services

157 Green Street Jamaica Plain, MA 02130
1-617-524-1120

Boston Public Health Commission

South Boston Collaborative Center

1226 Columbia Road South Boston, MA 02127
1-617-534-9500

Boston Public Health Commission

774 Albany Street Boston, MA 02118
1-617-534-7411

Bridge Over Troubled Waters

47 West Street Boston, MA 02111
1-617-423-9575

Brigham and Women's Hospital

(Southern Jamaica Plain Health Center Outpatient)

640 Centre Street Jamaica Plain, MA 02130
1-617-983-4100

Children's Hospital Boston

(Suboxone Treatment for Opioid Dependency Available)

300 Longwood Avenue Boston, MA 02115
1-617-355-2727

Codman Square Health Center

637 Washington Street Boston, MA 02124
1-617-825-9660

The Dimock Center

45 Dimock Street Roxbury, MA 02119
1-617-442-8800

Fenway Community Health Center

1340 Boylston Street Boston, MA 02215
1-617-267-0900

Fenway Community Health Center

142 Berkeley Street, 2nd Floor Boston, MA 02116
1-617-247-7555

Fenway Community Health Center

(Sydney Borum Health Center)

75 Kneeland Street, 2nd Floor Boston, MA 02111
1-617-457-8140

Gavin Foundation, Center for Recovery Services

210 Old Colony Avenue South Boston, MA 02127
1-617-268-5000 | www.gavinfoundation.org

Institute for Health and Recovery

95 Berkeley Street, Suite 201A Boston, MA 02116
1-617-849-6994 | www.healthrecovery.org

Massachusetts General Hospital (ARMS)

Addiction Recovery Management Services

151 Merrimac Street #650 Boston, MA 02114
1-617-643-4699

Massachusetts General Hospital

West End Clinic Addiction Treatment

16 Blossom Street Boston, MA 02114
1-617-726-2712

North Suffolk Mental Health Association

14 Porter Street East Boston, MA 02128
1-617-569-3189 | 1-617-501-4308

Central Region

AdCare Hospital

95 Lincoln Street Worcester, MA 01605
1-508-799-9000

Arbour Counseling Services

38 Pond St. Suite 101 Franklin, MA 02038
1-508-528-6037

Counseling-Assessment Clinic of Worcester, LLC

51 Union Street Suite G02 Worcester, MA 01608
1-508-756-2005

LUK Inc.

545 Westminster Street Fitchburg, MA 01420
1-978-345-0685

LUK Inc.

40 Southbridge Street, Suite 4 Worcester, MA 01605
1-508-762-3000

Youth Central Intake & Care Coordination

Call Youth Central Intake Care Coordination to make a referral to youth residential services or to learn more about other youth substance use services.

Toll-free: 1-866-705-2807 | 1-617-661-3991
TTY: 1-617-661-9051

Multicultural Wellness Center Inc.

515 Main St. 3rd Floor Fitchburg, MA 01420
1-978-343-3336

Multicultural Wellness Center Inc.

250 Commercial Street Suite 330 Worcester, MA 01608
1-508-752-4665

North Central Human Service

31 Lake Street Gardner, MA 01440 Worcester, MA 01608
1-978-632-9400

South Bay Mental Health Center, Inc.

340 Main Street, Suites 818 and 819
Worcester MA, 01608
1-508-752-3969

Spectrum Outpatient Services

40 Spruce Street Leominster, MA 01453
Toll-free 1-800-464-9555 ext 1161

Spectrum Outpatient Services

105 Merrick Street Worcester, MA 01609
1-800-464-9555 ext. 1161

Youth Opportunities Upheld, Inc. (Y.O.U., Inc.)

81 Plantation Street Worcester, MA 01604
1-508-849-5600

MetroWest Region

Adcare Hospital

1419 Hancock Street, Suite 300 Quincy, MA 02169
1-617-328-0639

Advocates, Inc.

340 Maple Street Marlborough, MA 01752
1-508-485-9300

Advocates, Inc.

354 Waverly Street Framingham, MA 017012
1-508-661-2020

Arbour Counseling Services

384 Washington Street Norwell, MA 02061
1-781-871-6550

Bay State Community Services

19 Central Street Norwood, MA 02062
1-781-762-0060 | www.baystatecs.org

Bay State Community Services

32 Common Street Walpole, MA 02081
1-508-668-3223

Bay State Community Services

1120 Hancock Street Quincy, MA 02169
1-617-471-8400

Children's Adolescent Substance Abuse Program (ASAP)

9 Hope Avenue Waltham, MA 02453
1-617-355-2727

Genesis Counseling Services

24 Union Avenue, Suite 11 Framingham, MA 01702
1-508-620-2992

Institute for Health and Recovery

349 Broadway Cambridge, MA 02139
1-617-661-3991

Mount Auburn Hospital

330 Mount Auburn Street Cambridge, MA 02138
1-617-499-5052

South Bay Mental Health Center

541 Main Street Stetson Bldg Weymouth, MA 02190
1-781-331-7866

South Middlesex Opportunity Council

230 Maple Street Marlborough, MA 01752
1-508-480-0092

Spectrum Health Systems

68 Franklin Street Framingham, MA 01701
1-800-464-9555 ext. 1161

Spectrum Health Systems

210 Bear Hill Road, Suite 203 Waltham, MA 02451
1-800-464-9555 ext 1161

Northeast Region**Arbour Counseling Services**

10 Bridge Street Lowell, MA 01852
1-978-453-5736

Arbour Counseling Services

116 Summer Street Haverhill, MA 01830
1-978-373-7010

**Catholic Charities Family Counseling
and Guidance Center**

152 Sylvan Street Danvers, MA 01923
1-978-774-6820

Eliot Community Human Services

173 Chelsea Street Everett, MA 02149
1-781-388-6200

Eliot Community Human Services

95 Pleasant Street Lynn, MA 01901
1-781-581-4402

Institute for Health and Recovery

97 Central Street Unit 207 Lowell, MA 01852
1-617-661-3991

Lahey Health Behavioral Services

298 Washington Street Gloucester, MA 01930
1-978-283-0296 | www.nebhealth.org

Lowell House

161 Jackson Street Lowell, MA 01852
1-978-937-9700

Lowell House

555 Merrimack Street Lowell, MA 01854
1-978-459-8656

NFI MA

76 Winter Street Haverhill, MA 01830
1- 978-373-1181

Northeast Behavioral Health

800 Cummings Center, Suite 266-T Beverly, MA 01915
1-978-921-1190

Northeast Behavioral Health

60 Merrimack Street Haverhill, MA 01830
1-978-921-1190

Riverside Community MH And Retardation Center

6 Kimball Lane, Suite 310 Lynnfield, MA 01940
1-781-246-2010

South Bay Mental Health Center

22 Olde Canal Drive Lowell, MA 01851
1-978-453-6800

Southeast Region

Adcare Hospital

88 Faunce Corner Road, Suite 260 Dartmouth, MA 02747
1-508-999-1102

Arbour Counseling Services

1082 Davol Street 2nd Floor Fall River, MA 02720
1-508-678-2833

Baystate Community Services

36 Cordage Park, Suite 305 Plymouth, MA 02360
1-508-830-3444

Family & Children's Services of Nantucket

20 Vesper Lane Nantucket, MA 02554
1-508-228-2869
www.nantucketfamilyservices.org/outpatient-counseling/

Gosnold, Inc.

1185 Falmouth Road Centerville, MA 02632
1-508-862-9929

Gosnold, Inc.

111 Torrey Street #3 Brockton, MA 02301
1-508-584-5190

Gosnold, Inc.

196 Ter Heun Drive Falmouth, MA 02541
1- 508-548-7118

Gosnold, Inc.

43 Race Point Way Provincetown, MA 02657
1-508-487-2449

High Point Treatment Center

10 Meadowbrook Road Brockton, MA 02301
1-508-742-4420

High Point Treatment Center

68 North Front Street New Bedford, MA 02740
1-508-717-0550

High Point Treatment Center

52 Oak Street Middleborough, MA 02346
1-774-213-8400

High Point Treatment Center

2 School Street Plymouth, MA 02360
1-508-830-1234

High Point Treatment Center

4 Post Office Square Taunton, MA 02780
1-508-823-5291

Institute for Health and Recovery

275 Martine Street, Suite 203 Fall River, MA 02723
1-617-661-3991

Justice Resource Institute

140 Park Street Attleboro, MA 02703
1-781-559-4745

Luminosity Behavioral Health Services

810 Washington Street Stoughton, MA 02072
1-781-344-1635

Martha's Vineyard Community Services

111 Edgartown Road Oak Bluffs, MA 02557
1-508-693-7900

Odonata Psychotherapy and Retreat Center

258 Main Street, Suite B-4 Bourne, MA 02532
1-774-247-4939

Old Colony Y Mental Health

15A Bolton Place Brockton, MA 02301
1-508-583-2155

Seven Hills Behavioral Health

34 Gifford Street New Bedford, 02744
1-508-999-3126

Seven Hills Behavioral Health

1402 Pleasant Street Fall River, MA 02723
1-508-679-0962

Seven Hills Behavioral Health

589 South First Street New Bedford, MA 02744
1-508-996-3147

South Bay Mental Health

103 Commercial Street Brockton, MA 02302
1-508-580-4691

South Bay Mental Health

470 Main Street Mashpee, MA 02649
1-508-760-1475

South Bay Mental Health

50 Aldrin Road Plymouth, MA 02360

Stanley Street Treatment and Resources, Inc

386 Stanley Street Fall River, MA 02720
1-508-679-5222

Western Region

Adcare Hospital

117 Park Avenue, Suite 100 West Springfield, MA 01089
1-413-209-3124

Baystate Wing Hospital Griswold Center

40 Wright Street Palmer, MA 01069
1- 413-370-5285

Behavioral Health Network Inc. City Clinic

230 and 235 Maple Street Holyoke, MA 01040
1-413-532-0389

Behavioral Health Network, Inc.

417 Liberty Springfield, MA 01104
1-413-747-0705

Behavioral Health Network Inc.

30 Southwick Street Springfield, MA 01104
1-413-536-5473

Behavioral Health Network, Inc.

471 Chestnut Street Springfield, MA 01104
1-413-732-7075

The Brien Center

60 Cottage Street Great Barrington, MA 01230
1-413-528-9156

The Brien Center

124 American Legion Drive North Adams, MA 01247
1-413-664-4541

The Brien Center

251 Fenn Street Pittsfield, MA 01201
1-413-496-9671 | www.briencenter.org

The Brien Center

333 East Street Pittsfield, MA 01201
1-413-499-0412 | www.briencenter.org

Child Guidance Clinic, Behavioral Health Network, Inc.

110 Maple Street Springfield, MA 01105
1-413-732-7419

Clinical & Support Options

8 Atwood Drive, Suite 201 Northampton, MA 01060
1-413-582-0471

Clinical & Support Options

491 Main Street Athol, MA 01331
1-978-249-9490

Clinical & Support Options

1 Arch Place Greenfield, MA 01301
1-413-774-1000

Hilltown Community Health Centers

12 Littleville Road Huntington, MA 01050
1-413-667-0142

Hilltown Community Health Centers

73 Russell Road Huntington, MA 01050
1-413-667-3009

Hilltown Community Health Centers

58 Old North Road Worthington, MA 01098
1-413-238-5511

Institute for Health and Recovery

155 Maple Street, Suite 304, Springfield, MA 01105
1-617-661-3991

Youth Detoxification and Stabilization Programs

The two youth stabilization programs in Massachusetts were developed to meet the growing need for a full, effective, and responsive system of substance use treatment services for adolescents. These programs provide youth in crisis with a safe, short-term treatment environment. Youth receive the assessment, treatment, supervision, and medical monitoring necessary to help with detoxification and emotional stabilization.

Once stabilized, youth receive a full psychosocial assessment about their current needs. With this information, staff can develop appropriate treatment and aftercare plans. Thorough assessments allow staff at these programs to make referrals to appropriate services, supports, and resources for youth and their families.

The youth detoxification and stabilization services are for male, female, and transgender-identified individuals between the ages of 13 and 17. An average duration is 14 days, but an individual's length of stay may depend on:

- clinical needs identified during the assessment
- progress toward treatment goals
- development of an appropriate aftercare plan
- number of days covered by insurance

Call the stabilization programs listed below to make a referral or for more information about their services.



**Motivating Youth Recovery
Community Healthlink, Inc.**

Worcester, MA

1-508-860-1244

TTY: 1-508-860-5641

www.communityhealthlink.org



The CASTLE

Clean and Sober Teens

Living Empowered

High Point Treatment Center

Brockton, MA

1-508-638-6000

www.hptc.org

Note: Young adults age 18 and older also have access to the entire adult treatment and recovery support continuum. Please contact the Helpline at 1-800-327-5050 or visit them at www.helpline-online.com for more information about services and supports for adults.

Youth Residential Treatment Programs

In general, residential substance use treatment is appropriate for youth who:

- are not currently at risk for medically complicated withdrawal from alcohol or other drug use
- are experiencing health, emotional, family, and/or social problems due to their alcohol or other drug use
- have not been able to address their substance use problems in less intense levels of care like outpatient counseling or support groups (prior substance use treatment is not a requirement)
- are 13 to 17 years old

All programs serve transgender-identified youth. The length of stay varies based on treatment needs and can be up to 90 days.



Highland Grace House

Worcester, MA

Toll-free: 1-866-705-2807 or

1-617-661-3991

TTY: 1-617-661-9051

All youth at residential treatment programs can expect:

- qualified, credentialed staff to work with youth and their family/caregivers to create an individual treatment plan
- developmentally-appropriate individual, group, and family counseling services
- an educational coordinator to develop educational objectives with the youth's school
- a highly structured, alcohol- and drug-free environment
- a discharge plan that includes identifying and linking youth and their families to services and resources in the community to support ongoing recovery after treatment (examples include outpatient counseling, case management, and community-based support groups)

There are various means of paying for residential services. Currently, insurance plans do not cover residential treatment services. The youth residential programs are all licensed and regulated by the Massachusetts Department of Public Health (MDPH) - Bureau of Substance Abuse Services (BSAS). Programs are funded by MDPH - BSAS and by families/caregivers having the financial means to pay for all, or some, of the treatment costs. If a family or individual cannot pay for services, this will not be a barrier to admission and participation in the treatment program.



**Lahey/Northeast Behavioral Health
Adolescent Residential Program**

Danvers, MA

Toll-free: 1-866-705-2807

or 1-617-661-3991

TTY: 1-617-661-9051

Every effort is made to serve youth within their communities. However programs will also accept youth from across the state and will coordinate and provide transportation as needed. Admission to a specific program is based on youth and family choice, as well as bed availability. There are two (2) youth residential programs located in Danvers and Worcester. The Center for Human Development (CHD) received an award and will be opening a new Youth Residential Program for males ages 13-17 in Chicopee, Massachusetts in FY17.

Youth Central Intake & Care Coordination

Call Youth Central Intake & Care Coordination to make a referral to youth residential services or to learn more about other youth substance use services.

Toll-free: 1-866-705-2807 | 1-617-661-3991

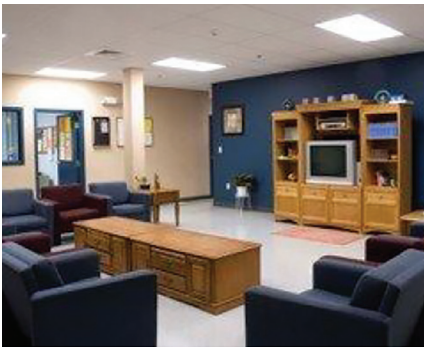
TTY: 1-617-661-9051

<http://www.healthrecovery.org/>

Transitional Age Youth and Young Adult (TAYYA) Residential Programs

The young adult residential programs provide a nurturing, structured, and safe environment for young people. These programs promote self-care, self-reliance, and community responsibility through structured activities and the experience of living in an alcohol- and drug-free residential treatment setting. An average length of stay is four to six months depending on treatment-and recovery-related goals. Services include assessment, comprehensive substance use treatment, mental health counseling referrals, case management and coordination, psycho-education on a variety of topics relating to health and wellbeing, life skills enhancement, vocational/educational support, recovery support, parent/caregiver support, and aftercare planning.

Call the Transitional Age Youth and Young Adult (TAYYA) residential programs directly to make a referral or for more information about their services.



Gavin Foundation

S. Boston, MA

1-617-269-2933

TTY: 1-617-269-2944

- **Cushing House**
(females, age 16-20)
- **Cushing House**
(males, age 16-20)



Pegasus House

(females, age 18-25)
Psychological Center
Lawrence, MA
1-978-687-4257



Spectrum Young Adult Residential

(males, age 18-25)
Spectrum Health Systems
Westborough, MA
1-508- 898-1570

Opening in 2017

Gandara Center received an award and will be opening a new TAYYA Residential Program for females ages 18-25 in Ware, Massachusetts in FY17. To be announced is a new TAYYA program in the Southeast of Massachusetts for males ages, 18-25.

Gandara Center

(females, age 18-25)
Ware, MA
1-413-736-8329

Recovery High Schools

Recovery high schools are four-year high schools for youth who are experiencing a problem with substance use. Recovery high schools were created to provide educational environments suited to support youth recovering from substance use disorders.

The five recovery high schools are located in Beverly, Boston, Brockton, Springfield, and Worcester. Residents outside these districts can attend. Each school has the capacity to serve 30-50 students and each uses a similar model while still reflecting the culture and needs of their local communities.

The schools provide a comprehensive academic curriculum consistent with Massachusetts State Standards, MCAS testing protocols, and course requirements of the student's school district. All of the schools can serve students who have Individualized Education Plans (IEP).

The schools actively support students in their recovery by providing smaller class sizes, individualized attention, licensed counseling services, and daily group meetings where students are able to discuss and process issues related to their education and recovery. The schools strongly encourage and provide opportunities for caregiver involvement and are jointly funded by the Department of Public Health (MDPH) – Bureau of Substance Abuse Services (BSAS), local school districts, and educational collaboratives/consortiums.

Call the recovery high schools listed below to make a referral or for more information about their services.

William J. Ostiguy High School

19 Temple Place
Boston, MA 02111
1-617-348-6070 | TTY: 1-617-423-9215
www.ostiguyhigh.org

Independence Academy

460R Belmont Street
Brockton, MA 02301
1-508-510-4091
www.northrivercollaborative.org

North Shore Recovery High School

112 Sohier Road
Beverly, MA 01915
1-978-922-3305
www.nsedu.org

Liberty Preparatory Academy

37 Alderman Street
Springfield, MA 01108
1-413-750-2484 | TTY: 413-750-2484
www.sps.springfield.ma.us

Rockdale Recovery High School

20 Rockdale Street
Worcester, MA 01606
1-508-854-4939
www.cmsec.org

Family Intervention Programs

Family Intervention programs use evidence-based practices to engage adolescents, young adults, and family members. Services provide clinical intervention and support focused on engaging the individual with an active substance use problem into treatment and/or recovery services. These programs also provide ongoing support, skill building, and resource development for caregivers and family members.

There are currently two models being supported by the Bureau of Substance Abuse Services (BSAS): the Adolescent Community Reinforcement Approach and Assertive Continuing Care (A-CRA/ACC); and the ARISE model.

A-CRA/ACC

A-CRA/ACC works with the youth/young adults to support their strengths, foster community support, and build coping skills. Clinicians offer case management, which can include transportation and support for job and education-related searches. Culturally competent clinicians provide home-based services for the young person and their family member/caregiver. These services typically run for three to six months and are available in some areas in Spanish and Portuguese.

Youth Central Intake Care Coordination

Call Youth Central Intake Care Coordination to make a referral or to learn more about A-CRA/ACC youth substance use services.

Toll-free: 1-866-705-2807 | 1-617-661-3991

TTY: 1-617-661-9051

ARISE

The ARISE model meets the need for supporting family members and concerned others to find help for a loved one who may not be willing to enter substance use treatment.

Certified ARISE specialists work with family members and provide phone consultation, coaching, and planning to build a support system with the goal of motivating their loved one into treatment and recovery.

ARISE Providers

Gosnold, Inc.

200 Ter Heun Drive Falmouth, MA 02540
1-508-540-6550 | www.gosnold.org

Advocates

1881 Worcester Rd Framingham, MA 01701
1-508-558-0376 | www.sstar.org

Stanley Street Treatment and Resources, Inc.

386 Stanley Street Fall River, MA 02720
1-508-558-0376 | www.sstar.org

The ARISE model helps loved ones who may not be willing to enter substance use treatment.

Intervention Programs for Youth

MassSTART School- Based Intervention Programs

MassSTART is a school-centered intervention program, which has proven positive outcomes for youth, their families, and the community. MassSTART serves youth 8 to 13 years old at high risk for or experiencing criminal justice involvement, substance use, family violence, and school, social, and/or behavioral problems. Case workers use a positive youth development framework to coordinate and provide support and services at school and in the home. MDPH-BSAS supports the MassSTART intervention model with programs currently running in South Boston, Dorchester, and Winthrop.

Call the school-based MassSTART programs listed below for more information about their services.

Wediko Children's Services

72-74 E. Dedham Street Boston, MA 02118
1-617-292-9200 | www.wediko.org

North Suffolk Mental Health Association

14 Porter Street East Boston, MA 02128
1-617-569-3189 | www.northsuffolk.org

Department of Youth Services (DYS) MassSTART Intervention Programs

DPH-BSAS has partnered with the Department of Youth Services (DYS) to adapt and implement a juvenile justice MassSTART model in the Commonwealth. DYS is utilizing the core of MassSTART to address the needs of youth in the juvenile justice system. There are six sites across the state in Holyoke, Springfield, Lawrence, Taunton, Bourne, and Lowell. To enroll in DYS MassSTART, a youth must be at risk for using alcohol and other drugs and have family members willing to participate.

Call DYS at the number listed below for more information about the DYS MassSTART program.

Department of Youth Services

1-617-727-7575 | www.mass.gov/dys

To enroll in DYS MassSTART, a youth must be at risk for using alcohol and other drugs, and have family members willing to participate.

Other Recovery and Housing Resources

ROCA

ROCA is an organization helping high-risk young people ages 17-24 who are either street, court, or gang-involved, not engaged in school, young parents, refugees, and/or immigrants. ROCA combines outreach, intervention, and skill building with education and employment to produce consistent and positive outcomes for young people. ROCA serves the communities of Chelsea, Revere, Everett, Boston, East Boston, and Springfield.

ROCA

101 Park Street Chelsea, MA 02150
1-617-889-5210

Bridge Over Troubled Waters

Bridge Over Troubled Waters (BOTW) has two housing support programs for homeless young adults who have a history of substance abuse. One program offers transitional housing services for 16- to 21- year-old homeless young women who are pregnant or have a young child. The other program offers transitional housing support to single young adults and serves men and women. The transitional living program emphasizes responsibility, personal growth, and communication. Residents learn life skills and get help finding permanent housing, getting a job, and/or filling out school applications.

For young families involved with BOTW additional emphasis is placed on parenting skills and child development.

Bridge Over Troubled Waters

47 West Street Boston, MA 02111

1-617-423-9575 | TTY: 1-617-423-9575 x355

www.bridgeotw.org

Somerville Homeless Coalition Sobriety and Stability (S&S)

In collaboration with MDPH and the United States Department of Housing and Urban Development (HUD), Sobriety and Stability provides permanent housing and support services in Arlington to 22 homeless young adults ages 18-24. Residents are recovering from addiction and have a strong commitment to their continued recovery.

Somerville Homeless Coalition

1 Davis Square Somerville, MA 02144

1-617-623-6111 | www.somervillehomelesscoalition.org

South Middlesex Non-Profit Housing Corporation

The Young Adult Residential Case Management Program provides structured, sober housing and services for young adults ages 18-24 who are homeless and in the early stages of recovery from alcohol and other drug addiction. The program provides peer support groups, relapse prevention support, recovery skills groups, and assistance in accessing medical/psychiatric/dental care, career counseling, and GED preparation.

SMOC

7 Bishop Street Framingham, MA 01702
1-508-872-4853 | 1-508-620-2451
www.smoc.org

SAFE

SAFE is a capacity-building initiative to increase treatment admissions across Massachusetts for underserved adolescent populations with substance use disorders. This BSAS-funded project is managed by the Institute for Health and Recovery (IHR). SAFE offers:

- consultation to adolescent providers
- workshops to educate parents and community providers about available substance use treatment resources for adolescents
- co-facilitation of psycho-educational drug and alcohol groups for adolescents using a train-the-trainer model

- co-facilitation of parent support groups using a train-the-trainer model and the curriculum “Parent Time: Supporting Yourself & Your Child” for parents with adolescents who are using alcohol and other drugs
- peer leader trainings on adolescent substance use issues;
- evidence-based treatment and case management services for youth with substance use issues who may not access traditional forms of treatment

For more information on SAFE training and consultation, including Parent Time Trainings, call:

The Institute for Health and Recovery (IHR)

Toll-free 1-866-705-2807 | 1-617-661-3991

www.healthrecovery.org

Marijuana Education for Youth Statewide Ballot Initiative — Question 2

On November 4, 2008, Massachusetts voters passed Ballot Question 2, “An Act Establishing a Sensible State Marijuana Policy.” Under this law youth under age 18 who receive a citation for possession of under one ounce of marijuana must complete a Drug Awareness Program.

This includes at least four hours of a drug awareness class, ten hours of community service, and payment of a \$100 fine. Classroom sessions are scheduled throughout the state based on demand.

The Question 2 Project Specialist provides statewide coordination of the Drug Awareness Program through the Institute for Health and Recovery (IHR).

Institute for Health and Recovery (IHR)

Toll-free 1-866-705-2807 | 1-617-661-3991
www.healthrecovery.org

Children’s Behavioral Health Initiative (CBHI)

The Children’s Behavioral Health Initiative (CBHI) is an interagency initiative of the Commonwealth’s Executive Office of Health and Human Services (EOHHS). CBHI’s mission is to strengthen, expand, and integrate Massachusetts state services into a comprehensive, community-based system of care, to ensure families and their children with significant behavioral, emotional, and mental health needs obtain the services necessary for success in home, school, and community.

Children’s Behavioral Health Initiative (CBHI)

www.mass.gov/eohhs/gov/commissions-and-initiatives/cbhi

Parent/Guardian Support & Advocacy

12 Step Support Groups are for family members of individuals who have experienced a problem with drugs or alcohol. Groups offer “mutual” or “peer” support so families can support each other with this challenging issue.

- Al-Anon | www.ma-al-anon-alateen.org
- Families Anonymous | www.familiesanonymous.org

Allies in Recovery (AIR) is an MDPH-supported online resource which provides families with a way to change the conversation about addiction. AIR uses Community Reinforcement and Family Training (CRAFT), a proven approach that helps the family unblock and advance the relationship towards sobriety and recovery, and engage a loved one into treatment. AIR offers free unlimited membership for Massachusetts residents who use their zip code as the promotional code. Visit www.alliesinrecovery.net

Learn To Cope (LTC) is an MDPH-funded parent/family support program developed by a mother whose son was struggling with opioid addiction. LTC is a place where parents can get support from other parents who have had similar experiences with a child who may be using drugs or alcohol. LTC meetings are held in many Massachusetts communities and parents can learn to recognize signs of an overdose and be trained on how to prevent a fatal overdose, including use of Narcan (naloxone); a medication used to safely reverse a potentially fatal opioid overdose.

1-508-738-5148 | www.learn2cope.org.

Also visit www.mass.gov and search for “Overdose Prevention.”

Massachusetts Organization for Addiction Recovery (MOAR) is an MDPH-funded organization of people in recovery, their families, and allies, that: provides support to the recovery community, addresses the negative stigma of addiction, and educates policy makers and the general public about the needs of people impacted by substance use.

Toll-free: 1-877-423-6627 | 1-617-423-6627
www.moar-recovery.org

Getting Information on Health Insurance

My Health Care Options provides accurate, up-to-date, and easy to understand information about insurance choices. This information comes from state, federal, and independent sources.

1-617-573-1600

www.mass.gov/eohhs/insurance/

MassHealth provides comprehensive, publicly-funded health insurance to more than one million Massachusetts children, families, seniors, and people with disabilities.

Toll-free: 1-888-665-9993 | www.mass.gov/MassHealth

The Health Connector has information on health insurance plans that may be an option for Massachusetts residents.

Toll-free: 1-877-623-6765 | TTY: 1-877-623-7773

www.mahealthconnector.org

Health Care For All is a health advocacy organization providing residents of Massachusetts with information and resources to help navigate the health care system. They offer resources such as a consumer helpline and other information on health coverage in Massachusetts.

Toll-free: 1-800-272-4232 | www.hcfama.org

Health Policy Commission — Office of Patient Protection

can help you understand the requirements of your health insurer and help you make an appeal if your health insurer has denied a claim or access to services. The Office can also perform a medical review of the case to see if services should be covered.

Toll-free: 1-800-436-7757 | www.mass.gov

Search for “Office of Patient Protection”

Pamphlets, Brochures, Curricula

Institute for Health and Recovery for Helping Professionals

For more information on the Parent Time or Wellness Curriculum call the Institute for Health and Recovery (IHR).

Toll-free: 1-866-705-2807 | 1-617-661-3991



Massachusetts Department of Public Health Materials

This is a sample of the many pamphlets available for free at the Massachusetts Health Promotion Clearinghouse.

For more information and to download or order free youth-related materials contact:

Massachusetts Health Promotion Clearinghouse

Toll-free: 1-800-952-6637

TTY: Use MassRelay at 711 or 1-800-439-2370

www.mass.gov/maclearinghouse



Quick Phone Guide to Substance Use Services for Young People

For free and confidential help with finding the right program for youth with a substance use problem, call:

Youth Central Intake & Care Coordination (YCICC)

866-705-2807 | 617-661-3991

Youth Detoxification and Stabilization Units

Motivating Youth Recovery (MYR) Worcester, MA
1-508-860-1244 | TTY: 1-508-860-5641

C.A.S.T.L.E. (*Clean and Sober Teens Living Empowered*)
Brockton, MA
1-508-638-6000

Youth Residential Programs

For information and access to the youth residential programs in Danvers (males), and Worcester (females), call:

Youth Central Intake & Care Coordination, Institute for Health and Recovery

Toll-free: 1-866-705-2807 or 1-617-661-3991

Opening 2017

Center for Human Development (CHD)

(*males, ages 13-17*)

Chicopee, MA

Transitional Age Youth and Young Adult Residential Treatment Programs

For information and access to the youth residential programs in Danvers (males), and Worcester (females), call:

Cushing House

(Separate houses for males and females, age 16-20)

South Boston, MA

1-617-269-2933 | TTY: 1-617-269-2944

Pegasus House

(females, age 18-25)

Lawrence, MA

1-978-687-4257

Spectrum Young Adult Residential

(males, age 18-25)

Westborough, MA

1-508-898-1570

Gandara Center

(females, ages 18-25)

Ware, MA

1-413-736-8329

To Be Announced

(males, ages 16-20)

Southeast, MA

Recovery High Schools

William J. Ostiguy High School

Boston, MA

1-617-348-6070 | TTY: 1-617-423-9215

Independence Academy

Brockton, MA

1-508-510-4091

North Shore Recovery High School

Beverly, MA

1-978-922-3305

Liberty Preparatory Academy

Springfield, MA

1-413-750-2484 | TTY: 1-413-750-2484

Rockdale Recovery High School

Worcester, MA

1-508-854-4939

Notes

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Please distribute freely.

For questions about this directory or to report corrections or missing information please contact:

Massachusetts Department of Public Health
Bureau of Substance Abuse Services

250 Washington Street, 3rd Floor
Boston, Massachusetts 02108
1-617-624-5111 | TTY: 1-888-448-8321
www.mass.gov/dph/bsas

Call the Office of Youth and Young Adult Services at 1-617-624-5381

To order this directory visit
www.mass.gov/maclearinghouse

SA3533 | February 2017



*Massachusetts Department of Public Health
Bureau of Substance Abuse Services
Office of Youth and Young Adult Services*